Matt Fradd talks about discovering pornography at age 8 to be the beginning of his captivity. Why would pornography be a captivity? Do you think even casual exposure to pornography is a bad thing?

Who is talking about pornography in your world today? Are they speaking out for or against it? How is their message being received?

The essential reason that pornography is wrong is that it denies us a crucial aspect of humanity: love. It reduces us to a 2-dimensional consumer, rather than a person to love and be loved. Do you agree with this idea? Why or why not?

Karol Wojtyla (the future John Paul II) writes that, “Pornography is wrong not because it shows too much, but because it shows too little.” What does he mean by “it shows too little”? What do you think about this quote?

A consequence of how prevalent pornography is today is the “pornifying” of women – creating unrealistic expectations such as demanding oral sex, male dominance, sexting, and trading sexual acts for love. Have you experienced these sorts of expectations? How else are these types of expectations shown?

Another consequence of the prevalence of pornography is that boys tend to request sex much younger, putting pressure on girls to offer sexual acts or find themselves without a boyfriend. Do you think this is true? Do you think that there exists a fair expectation of sexual activity between boyfriends and girlfriends?

The most important aspect of real sex is not pleasure, but intimacy. Intimacy involves a sharing of much more than bodies and pleasure, something pornography simply doesn't show. Why doesn’t pornography show intimacy? Is it even capable of showing it?

Pornography ruins sex for its viewers – spending so much time watching it in magazines or on screen, it diminishes the ability to have healthy sexual relationships with a real person. Why do you think that is?

Yet another problem with pornography is that it is addictive – it causes chemical changes in the brain much in the same way that drugs do. This simultaneously perpetuates porn usage and diminishes the capacity to be happy or functional without further (and, in time, more severe) usage. How can one deal with an addiction? What is the first few steps one could take to break a pornography habit?

Pornography is fake! It sells a lie that sex is always available, always pleasurable, never requires commitment, never requires sacrifice, and never requires another person. It teaches that “women are supposed to be constantly sexually available, physically flawless, and her worth is only as much as the lust she generates in me.” Is there any truth available in pornography? How do we make ourselves aware of the lies that pornography perpetuates? How can we effectively avoid and combat pornography?

**“Lust is a poor, weak, whimpering, whispering thing compared with that richness and energy of desire which will arise when lust has been killed.”**

- C.S. Lewis, *The Great Divorce*